

PATIENTS DESERVE TO KNOW DELIVERY METHODS

*As a patient, you can use cannabis therapeutically by inhaling vapors (vaping), ingesting cannabis that is infused in food or drinks, taking liquid extracts such as tinctures or oil concentrates under the tongue, applying cannabis lotions, salves, or transdermal patches to the skin, or by inhaling smoke (smoking**).*

DELIVERY METHODS WE OFFER*:

CAPSULES

A more traditional delivery method that may prove popular with patients who are new to cannabis.



TINCTURES

An increasingly popular delivery method, tinctures are discrete and their enhanced bioavailability reduces the time-to-onset, thereby enabling the patient to more-effectively self-titrate. We offer a variety of tinctures in regular and extra strength.



TOPICAL LOTIONS AND BALMS

Especially useful for patients suffering from joint pain, including arthritis. Typically, topicals contain two ounces of total product, including approximately 10 mg of active cannabinoids (e.g., CBD, THC).



LOZENGES

Hard candies that dissolve in a patient's mouth, infused with varying doses of cannabinoids.



CHEWABLES

Softer than lozenges, these candies may be appropriate for older patients and those who have limited appetites.



SUBLINGUAL TABLETS

Like capsules, sublingual tablets are also a more traditional delivery method, but dissolve in the mouth, thereby increasing bioavailability and decreasing time to onset.



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TRANSDERMAL PATCHES

Transdermal patches allow patients to discreetly receive extended release low dose therapeutic cannabis.



EDIBLE BAKED GOODS + INFUSED BEVERAGES

Though not traditional delivery methods, these cannabis-infused products are popular with therapeutic cannabis patients in other markets.



VAPORIZER PENS

This is a product that uses disposable oil-based cannabis cartridges and has proven very popular in other therapeutic cannabis markets. Vaporizing cannabis oil is a significantly healthier alternative to smoking.



ONSET AND DURATION LENGTHS:

TINGTURES

Onset:
within 5-30 minutes
Duration:
1-6 hours

TOPICAL (USE ON SKIN)

Onset:
Variable
Duration:
Variable

INGESTION

Onset:
within 1-2 hours
Duration:
6-8 hours

INHALATION

Onset:
within 1-5 minutes
Duration:
1-4 hours

Temescal Wellness promotes the responsible use of therapeutic cannabis for patients registered in accordance with New Hampshire law. Patients should use cannabis only under the advice of a certifying provider.

Sources:

<http://integr8health.com/resources/patient-handbook/>

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